

# Physiotherapy Musculoskeletal (MSK) Service



## What we do

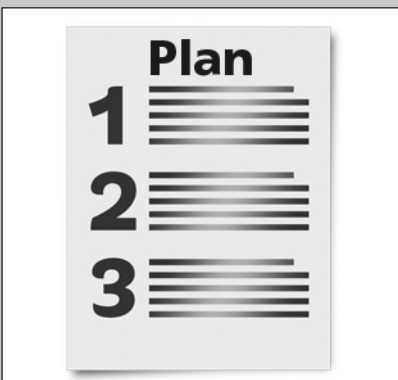
We help with pain, stiffness or weakness in:

- joints and muscles
- ligaments and bones
- the nervous system
- dizziness



## How to see us

- your GP or healthcare professional will refer you
- we will ring you to arrange an appointment



## Your appointment

- on your first visit you can tell us what is wrong
- we will then examine you
- if you need treatment we will make a plan
- we will then make another appointment for you



## Info



### Things to remember

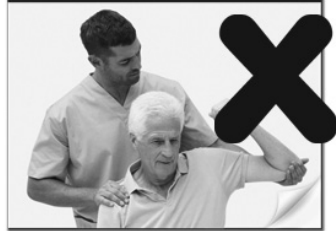
- you might have to undress so bring something to change into like shorts or a vest
- bring a list of any medicines you are taking
- you can bring someone with you



### Our clinics

- we have clinics across Wirral
- you can choose one nearest to where you live

## Physio



### If you can't make your appointment

- if you can't make your appointment ring:  
St. Catherine's Health Centre: **0151 604 7260**  
Victoria Central Health Centre: **0151 604 7287**