

FREE Family Fun Day



Activities for the whole family

- Face painting • Games • Mini health MOTs • Lifestyle advice, including support to stop smoking and to get more active
- Food taster sessions • Physical activity and sport demonstrations • And much more!

Don't miss out!

Tuesday 23rd July 11.00am - 3.00pm
The Oval, Old Chester Road, Bebington

For further information call **0151 630 8383** or visit
www.wirralct.nhs.uk

Working in partnership with Wirral Borough Council
and the Roy Castle Foundation.



for you,
with you