

Patient Story Livewell services

Patient story

June 2014

‘blood clot in my leg and a Pulmonary Embolism’



‘Type 2 diabetes out of control’



‘group support’

‘I needed some support’

‘I had put a stone on, it made me think’



‘We both got to go, it worked out well’

'I used to be quite lazy, but now I've got get up and go'



'Its opened our eyes to a lot of things, mainly portion sizes'

'Its costing us a little bit more'



'We've set some goals'

‘Its easy to get referred’



‘Thank you’